Applying to Graduate School in Psychology: HOW Can | Afford it?

FEBRUARY 15, 2018

Overview

- Applying to Grad School-costs
- Tuition Costs
- ► Funding
 - Scholarships/ Fellowships
 - Funding Factors
- Employment
 - ► TAships
 - External employment
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- Lifestyle factors
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 - Benefits
- Personal factors



Applying to Grad School

► GRE costs

- General GRE: US \$205 (other than China & Australia)
- Subject GRE: US \$150 (worldwide)
- Application (per school)
 - ~\$100
- ► Transcripts
 - \$12 to send EACH one
- Sending GRE scores
 - ▶ 4 institutions- free
 - Additional: US \$27 per institution

Total applying costs: ~\$500



Is Graduate School Expensive?

Average Tuition costs per year:

- Undergraduate programs in Ontario: \$8,114
- Professional programs (Dentistry, Medicine, Law): \$11,000 -\$21,000

Graduate Programs in Canada: \$6,703

- Often lower than undergraduate tuition!
- Highest in Ontario: \$9,416

statscan.gc.ca tuition fees for 2016/2017

York Tuition

- Based on Cohort year- year you entered your current program
- ► This year:

Program Fees Including Tuition and Supplementary Fees

STATUS /	DOMESTIC		INTERNATIONAL	
PROGRAM	1 TERM	2 TERMS	1 TERM (MASTERS)	1 TERM (PHD)
Part-time	\$92 <mark>8.6</mark> 8	\$1,857.36	\$3,268.67	\$3,131.17
Full-time	\$1,854.34	\$3,708.68	\$6,534.33	\$6,259.33
Visit the FGS Fees website for additional details about program fees.				

Additional Charges

- **Registration Fee**: \$15 per term
- Health Insurance-International students: \$51 per month- mandatory for all international students
- Student Health Plan: \$400 per year



Graduate Funding

Money provided to students through the school and external employment

Graduate Funding

York Funding vs. Employment Funding

Funding depends on:

- Registration as full-time student
- Satisfactory academic progress
- Fulfillment of funding-related employment



Funding: York

- York Graduate Fellowship
 - Covers tuition
 - Varies for domestic vs. international students
 - May be affected by internal/external scholarships

Туре	Includes	Frequency	Destination
York	 Fellowship Graduate Financial Assistance Internal/External Scholarships Health Care Bursary* 	Payment by	Student
Funding		Term	Account

Funding: York

Internal Scholarships:

- Program-specific awards
- York Graduate Scholarship (\$6,000/\$10,000 at MA level)
 - Entrance scholarship
 - Awarded to top-ranked applicants
 - At first year of study
- **External Scholarships:**
 - ► OGS
 - ► Tri-Council- SSHRC, NSERC, CIHR

Funding: External, Tri-Council

<u>Tri-Council</u>	<u>\$ per year (MA)</u>	<u>Subject Matter</u>
SSHRC	17,500	Social sciences- understanding individuals, groups and societies
NSERC	17,500	Fundamental processes in humans (e.g. cognition)
CIHR	17,500	Implications for human health (e.g. treatments)

Funding: External, Tri-Council

- How to apply?
 - Submit research proposal
 - Canadian Common CV
 - ► 2 reference letters
 - Transcripts

- Selection criteria (MA level)
 - ▶ 50% academic excellence
 - ▶ 30% research potential
 - ▶ 20% personal characteristics, interpersonal skills

Ontario Graduate Scholarship

Jointly funded by the Ontario Government and Ontario Universities

- two-thirds by provincial govt and one third by university
- Merit-based awards available to all disciplines
 - Enrolled in full-time studies
- Can apply each year up to 3rd year of PhD
- Joint application with Tri-council funding for York
 - Submitted directly to graduate program
- ▶ \$15 000 per annum
- Cannot hold OGS if awarded Tri-council

Funding Factors

\succ Supervisor Funding:

- Supervisor pays you directly or cover costs
- May not have to TA
- \succ Grades (generally at least A- average)
- > Publications
- > Extra-curricular involvement
- > Reference Letters
- > Research Proposal

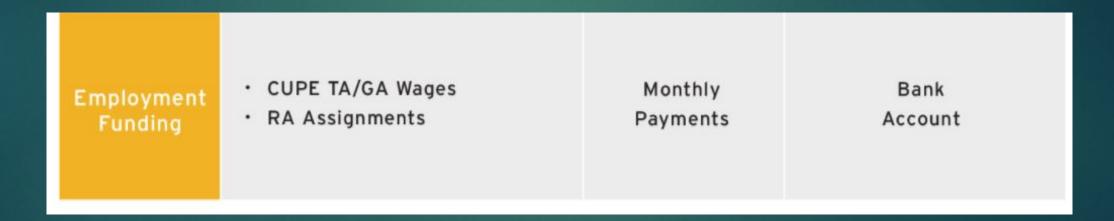
Employment: Teaching Assistantships

> Full TAship

- \$16,870
- \$1752.75~ monthly
- 270h per assignment
- > .5 TAship (common with external funding)
 - \$9,408.50
 - \$902.00~ monthly
 - 135h per assignment
- > TA Responsibilities
 - Emails
 - Office hours
 - Attending lectures/taking notes
 - Invigilating exams
 - Grading
 - Holding make-up exams

Funding-From TAships

Payment on last week of each month



Other Employment Options

- Graduate Assistantship
 - Typically not relevant for clinical*
- Research Assistantships
- Can take cases in the YUPC
 - Clinical only*
- > Full time graduate studies
 - May only work roughly 10 hours per week (includes TAing)
 - Nobody follows this, but grad school is demanding*
- If you hold a CGS Masters award
 - No longer any restriction on outside employment
 - But..."Must devote full-time hours to the research or studies for which they were funded"

Funding-Example

Master's Funding- Domestic Students, with TAship

Breakdown: Teaching Assistantship	Domestic (Level 1)
Salary on 0.5 TA Assignment	\$5,609
Vacation Pay (4%)	\$224
Grant-in-Aid (GIA)	\$1,853
Graduate Financial Assistance (GFA)	\$1,947
York Master's Fellowship (YMF)	\$5,403
York University Health Care Graduate Bursary	\$0
Total Funding	\$15,036
Less Tuition and Ancillary Fees	(\$5,216)
Total to Student*	<mark>\$9,820</mark>

*Total before taxes deducted

Benefits

- York University Graduate Students' Association (YUGSA) Health Plan
 - Mandatory for full-time graduate students with no comparable coverage for drugs AND dental
 - Optional for part-time
 - \$400 per year (coverage period from September 1 to August 31)
- CUPE 3903- If you are a TA
 - Do not have to pay for
 - Coverage from first day of contract to <u>5 months after contract ends</u>
- University Health Insurance Plan (UHIP)
 - International students or not covered by OHIP

Child Care

- Available through York to students, staff and faculty
- Infants more expensive than school age
- Vary by number of hours
- Approximately range from: \$1500/ month to \$700/ month (based on 20 days)

Two centres located on Keele campus:

- ► York University Cooperative Day Centre
- Lee Wiggins Childcare Centre



Child Care Subsidy

City of Toronto

Provides fee subsidy for anyone employed, going to school or looking for work who needs financial assistance

- Under age 13 or special needs age 18 and under
- Application to determine eligibility
 - income level main criteria
 - special needs

► <u>Subsidy Calculator</u>

Eg. Income of \$ 20 000 for two parents = \$6 a day for 1 toddler

York: <u>CUPE Childcare Funds</u>

Additional Funding Options

- Government and private scholarships/ grants to fund graduate student research
- Largely divided by research topics and areas eg. History, memory, women's health
- Require research proposal, reference letters and CV each scholarship has their own specific requirements
- Can vary in amount from \$1000 \$50 000
- OSAP available for graduate students both grants and loans

How do I find these options?

Read your emails!

Emails sent by FGS, your department, your area heads

University Funding pages
 Eg. York's Graduate Scholarships

Search for options by your research area
 eg. Autism, Alzheimer's, infant language development etc.

Resources:

Research and merit based awards:

Autism Scholars Awards:

Master's \$18 000 Doctoral \$20 000

Ontario's Women's Health Scholar's Awards:

Master's \$25 000 Doctoral \$35 000

Alzheimer's Society Research Program:

Doctoral \$22 0000

Vanier Canada Graduate Scholarships:

Doctoral \$50 000 for 3 years

Ontario Trillium Scholarship:

International Students only Doctoral \$40 000 for up to 4 years

Personal Examples

Lifestyle, Residential Location and Family Dynamics

Cost of Living - Example

Estimated Cost of Living

Total	\$15,700	
Miscellaneous (Transportation, Clothing, and Entertainment)	\$3,700	
Food	\$3,600	based on \$300/month for a single person
Housing (incl. utilities)	\$8,400	based on average rate of \$700/month for a full academic year (i.e. 12 months), does not include parking, telephone, cable, internet and laundry

Estimated Educational Costs

Fees and Tuition	\$ 5,545 - Domestic \$19,500 - International	based on full-time (non-professional) graduate programs, per academic year
Textbooks, Equipment and Supplies	\$1,500 - \$3,000	may be higher for some disciplines
Health Plan and Prescriptions	\$385 - Domestic \$684 - International	
Total	\$7,430 - \$23,184	

Dana's Finances

- Live at home
- Mostly use transit, occasionally family's car
- Finance Breakdown per month:
 - ▶ Transit: \$120
 - ► Bills: \$120
 - Entertainment: \$280
 - ► TOTAL: \$520



K.B.'s Finances

- > Live alone on campus in graduate housing
- > 1 bedroom apartment
- > No car, transit/ Uber pay per use
- > Finance breakdown per month:
 - Rent and bills: \$1200
 - Grocery: \$350
 - Entertainment: \$250
 - Transit: \$100
 Total: \$1900



Davey's Finances

- Lives downtown on Queen West
- > 2 bedroom with roommate

Car/Ubers

- > Finance breakdown per month:
 - Rent and Bills: \$1400
 - Car things: \$200
 - Groceries: \$400+
 - Entertainment: \$300~
 - Total: \$2300~

